

MULTIDISCIPLINARY EXPERIENCE SHARING SUMMIT/MESSUMMIT

June 17-19, 2026  InterContinental Kuala Lumpur Hotel

17 June 2026, Wednesday

08:45–09:00 OPENING REMARKS

Speakers: Yusuf YILMAZ, MD; Sophio BERIDZE, MD; Kubilay UKİNÇ, MD; Nizameddin KOCA, MD

09:00–10:30 SESSION 1: DIABETES SESSION

Chair: Kubilay UKİNÇ, MD

09:00–09:45 ADA 2026 Standards of Care – Key Updates to T2DM Management Algorithms and Person-Centered Approaches

Speaker: Nizameddin KOCA, MD

09:45–10:30 Early Combination Therapy in T2DM in the Light of the VERIFY Trial

Speaker: Kubilay UKİNÇ, MD

10:30–11:00 Coffee Break



11:00–12:30 SESSION 2: DIABETES AND MASLD SESSION

Chair: Sophio BERIDZE, MD

11:00–11:45 Metabolic Dysfunction–Associated Steatotic Liver Disease (MASLD): Diagnosis, Classification and Management – Gastroenterologist Perspective

Speaker: Yusuf YILMAZ, MD

11:45–12:30 Endocrinology Perspective: Diabetic Fatty Liver Management

Speaker: Kubilay UKİNÇ, MD

12:30–13:30 Lunch Break



13:30–14:00 SESSION 3: THE JOURNEY OF LIVER TRANSPLANTATION IN INDIA: PAST, PRESENT AND FUTURE

Chair: Sophio BERIDZE, MD

Speaker: Sanjiv SAIGAL, MD

14:00–14:30 SESSION 4: THE EVOLUTION OF INTERNAL MEDICINE AS A DISCIPLINE: A COMPARATIVE ANALYSIS OF TURKEY AND GEORGIA

Panelists: Yusuf YILMAZ, MD; Kubilay UKİNÇ, MD; Sophio BERIDZE, MD; Khatuna VARSHANIDZE, MD

14:30–15:00 SESSION 5: METABOLIC SYNDROME AND OBESITY IN LIVER TRANSPLANT RECIPIENTS: A 10-YEAR OBSERVATIONAL STUDY

Panelists: Marika MORTULADZE, MD; Kubilay UKİNÇ, MD; Sophio BERIDZE, MD; Yusuf YILMAZ, MD

Speaker: Marika MORTULADZE, MD

15:00–15:30 Coffee Break



15:30–17:00 SESSION 6: INTERACTIVE PANEL DISCUSSION: REAL-WORLD CHALLENGES IN MULTIMORBID T2DM PATIENTS – CASE-BASED INSIGHTS AND MULTIDISCIPLINARY SOLUTIONS

Moderator: Sadek NAZAR, MD

Panelists: Yusuf YILMAZ, MD; Kubilay UKİNÇ, MD; Sophio BERIDZE, MD; Khatuna VARSHANIDZE, MD; Sanjiv SAIGAL, MD

17:00–17:30 SESSION 7: SYMPOSIUM WRAP-UP: HIGHLIGHTING BREAKTHROUGHS, PRACTICAL PEARLS AND NEXT STEPS

Speaker: Kubilay UKİNÇ, MD

18 June 2026, Thursday

08:45–09:00 SESSION 1: SECOND DAY OPENING REMARKS AND PROGRAM INTRODUCTION

Speaker: Hakan KORKMAZ, MD

09:00–10:00 SESSION 2: ASTHMA AND ALLERGY SESSION

Moderators: Hakan KORKMAZ, MD

Speakers: Özkan YETKİN, MD; Nesil KELEŞ, MD

Q&A and Discussion

10:00–10:30 Coffee Break



10:30–11:30 SESSION 3: CURRENT TREATMENT FOR RHINOSINUSITIS

Moderator: Hakan KORKMAZ, MD

Speaker: Nesil KELEŞ, MD

Q&A and Discussion

11:30–12:30 SESSION 4: MULTIDISCIPLINARY APPROACH TO MEDICAL AND SURGICAL TREATMENT OF BENIGN THYROID DISEASES

Moderator: Nesil KELEŞ, MD

Speakers: Hakan KORKMAZ, MD; Doğukan ÖZDEMİR, MD

Q&A and Discussion

12:30–13:30 Lunch Break



13:30–15:00 SESSION 5: CASE PRESENTATIONS

Moderators: Hakan KORKMAZ, MD; Doğukan ÖZDEMİR, MD

Speakers: Nesil KELEŞ, MD; Özkan YETKİN, MD; Hakan KORKMAZ, MD; Doğukan ÖZDEMİR, MD

15:00–15:30 Coffee Break



15:30–16:30 SESSION 6: UNUSUAL CASES IN ENT

Moderator: Hakan KORKMAZ, MD

Speaker: Doğukan ÖZDEMİR, MD

16:30–17:15 SESSION 7: SYMPOSIUM WRAP-UP: HIGHLIGHTING BREAKTHROUGHS, PRACTICAL PEARLS AND NEXT STEPS

Speaker: Hakan KORKMAZ, MD

19 June 2026, Friday

09:00–10:00 SESSION 1: HOW CAN TYPE 2 DIABETES BE PREVENTED?

Speaker: Fatima CODY STANFORD, MD

10:00–11:00 SESSION 2: ROUND TABLE DISCUSSION: THE FUTURE OF THE LIVER AND DIABETES

Panelists: Yusuf YILMAZ, MD; Sophio BERIDZE, MD; Kubilay UKİNÇ, MD; Sanjiv SAIGAL, MD

11:00–12:15 SESSION 3: THE GENETIC ARCHITECTURE OF OBESITY IN HUMANS

Speaker: Valeriya LYSENKO, MD

Q&A and Discussion

12:15–13:15 Lunch Break



13:15–14:00 SESSION 4: TYPE 1 DIABETES IN THE 21ST CENTURY: INNOVATIONS, CHALLENGES AND THE ROAD AHEAD

Speaker: Paolo POZZILLI, MD

Q&A and Discussion

14:15–15:00 SESSION 5: CLOSING REMARKS

Speakers: Sophio BERIDZE, MD; Yusuf YILMAZ, MD